

Screen Free Summer Idea Checklist

- 1) Hiking (such as a morning sunrise hike with a special breakfast afterwards)
- 2) Bike riding/scooter riding/ roller skating either outside or inside at the roller rink
- 3) Ice skating
- 4) See if there is a regional airport nearby with an overlooking restaurant. Go to that restaurant and watch the planes take off and land
- 5) Arts/crafts, (like Perler beads, keychain making, drawing, painting, DIY projects like “make your own board game” with poster board or make a kite)
- 6) Chalk art
- 7) Board and card games
- 8) Reading time (everyone read their own book together or read one aloud together)
- 9) Visit a library (look at the events they schedule and have it overlap)
- 10) Something in the kitchen to do together (like baking cookies, banana bread, homemade popsicles, muffins, homemade pizza, etc)
- 11) Getting together with friends at a park, which can include a picnic and toys (frisbee, stomp rockets, wiffle ball and bat, nerf football, hula hoops, soccer ball)
- 12) Make your own city-wide treasure hunt, where you list things out and then go visit them and have the kids journal about it. Example: city hall or buildings, places of interest, or something historical
- 13) Museum day or visit an aquarium or planetarium
- 14) Sun paper art and/or make a book of pressed flowers and plants
- 15) Focused “no pressure” study on something fun like clouds or native plants and then go observe.
- 16) Pool/Splash Pad
- 17) Adventure day (go somewhere like an hour away and check out something new like a u-pick farm, state park, historical site, etc)
- 18) Go Geocaching (this is also fun if you’re on vacation—to see what treasures are in another city)
- 19) Go to a minor league baseball game or sport watching of some sort (here in Vegas you can watch the Golden Knights practice for free)
- 20) Try something new together (like frisbee golf, putt putt, top golf, guided paint class or order a paint kit that has video to guide you [[www.paintingto gogh.com](http://www.paintingto.gogh.com)], science experiment, go to a slime lab or make slime at home, etc)
- 21) Find somewhere you can see animals, like a zoo, ranch, or farm.
- 22) Go bird watching with binoculars and a book to identify (and/or make a bird feeder and watch to see if any birds come to the feeder)
- 23) Make your own Nature bingo and then go on a Nature walk. (You can also do another bingo card with Nature colors or numbers—like colors you’d see on trees and plants and then numbers in terms of number of flower petals, etc)
- 24) Indoor playground or laser tag
- 25) Depending on where you live find a place that you can see how something is made (like Hoover Dam, Ice Cream factory, Chocolate factory, Denver or Philadelphia Mints tours, etc. Find something in your area)